

Activities Holiday

Light and Dark Theme

Tuesday 29th October

10:30am – 12:00pm

St Pauls Methodist Church, Tower Hill, Sowerby Bridge HX6 2EQ

Wednesday 30th October

1:15pm - 2:45pm

Todmorden College Hall, Burnley Road, Todmorden, OL14 7BX

Thursday 31st October 1:15pm - 2:45pm

Little Stars Family Hub, Parkinson Lane, Halifax

HX13XL

Lots of free fun for families with children aged
0 - 8 years old

No need to book - just turn up! For more information call:

Family Hubs
Calderdale









Group Descriptions:

ed to book—just come to support baby's develop

Family Group: Free and fun activities for all the family! Suitable for families with children aged 0-8 years old. Creati activities, messy play, games, music and more! Runs on alternate Saturdays.

experienced peer supporters. rtual and face-to-face): For advice and support with breastfeeding in a relaxed setting with

Friends Group: Join us and other parents, while your child is looked after by Early Years experts, and learn mental well being, stress and anxiety reduction strategies, mindfulness and more. Classes take place each week for five weeks. To find out more and book your place please call: 0.1422 342552.

atch Clinic: The Latch Clinic has been set up to offer support If you are struggling to latch your baby for a breastfeed rou are experiencing pain, or wondering if you have enough breast milk. Appointments are face-to-face and on a one-

singing circle.

and Play (0-5 yrs): A rolling programme of fun-filled activity sessions for families, includes messy play, free play and

Baby Clinic: Meet your health visitor for baby weighing or to discuss your baby's health. App Please call Locala on: 0300 3045076.

Family Support Book-in: You can make an appointment to speak to a Family Support Worker for confidential support and advice on family issues. Book-Ins are held, face to face at the hubs, via appointment only. To book call 01422 434971. If you do not live within walking distance of our hubs, or have difficulty accessing our book-ins due to disability or other issues, we may be able to organise a visit to your home.

Strengthening Families, Strengthening Communities:

Come and join our 13 week accredited parenting programme where we discuss child development, improving relationships and positive behaviour management techniques!

6 week programme aimed at supporting families where neurodiversity is a factor.

All parents are welcome to attend and we are also able to offer a play and learn environment for primary aged children to come along too. Activities offered for the children will mirror what their parents are learning and topics covered will include Sensory Issues, Communication and Social Skills, Rules, Routines, Boundaries, Sleep and School.

5 pm Monday- Friday wly pregnant call 01484 355754 between

To register your pregnancy please visit: www.my.pregnancy.notes.com
To contact the Health Visiting Team, call 0300 3045076



Don't forget Dads and male carers can come along too! creative activities, messy play, games, music and more! Suitable for families with children aged 0-8 years old. There will be Come and join us for lots of free and fun activities for all the family!

Every 2nd Saturday of the month 10 am -12 noon

12th October 2024

11th January & 8th March 2025

@ Little Stars Family Hub, Parkinson Lane, Halifax, HX1 3XL

All children must be acco Family Hub on 01422 252022 or Todmorden Family Hub on 01706 399970. nied by an adult. For more information please call Little Stars

halifax trust

halifax

trust













Central Halifax Family Hubs Autumn Wall Planner 2024



Friday

Stav & Play

9:30 am - 11:00 am

Just come along, no need to

book

(term time only)

Baby Group

1:00 pm - 2:30 pm

lust come along.

no need to book



Hub

Jubilee

Lightowler Road. Halifax, HX1 5NB 01422 342552



Boothtown

Rawson Street North, Boothtown, HX3 6PU 01422 250365



Siddal

Backhold Lane. Siddal, HX3 9DL 01422 291464



Little Stars Parkinson Lane,

Halifax, HX1 3XL 01422 252022

Monday

Family Support Book-In

9:00 am - 1:00 pm Appointment Only

Stav & Play

1:30 pm - 3:00 pm Just come along, no need to book (term time only)

Strengthening Families, **Strengthening Communities**

Settling in creche Thursday 5th September 1pm -2pm, commences 9th September 9:30 am - 12:30 pm runs for 13 weeks. Call 01422 250365 for more details



Health Visitor Clinic

9:30 am-2:30 pm Appointment Only call Locala on 03003045076

Breastfeeding Group 10:00 am - 11:30 am

Just come along, no need to hook

Family Support Book-in

1:00 pm - 5:00 pm Appointment only

Tuesday

Baby Group

9:30 am - 11:00 am lust come along. No need to hook

Breastfeeding Group

12 noon - 1:30 pm Just come along. No need to hook

Wednesday

Family Support Book-In with Czech language support

1:00 pm - 5:00 pm Appointment Only

Friends Group Settling in creche 11th September 9:30 am - 10:30 am runs for 5 weeks

9:30 am - 11:30 am. Call 01422 342552 for more details

Baby Clinic

9:00 am - 1:00 pm Appointment Only Please call Locala on 03003045076

(ALTERNATIVE WEEKS)

Breastfeeding Group 10:00 am - 11:30 am Just come along, no need to

Baby Clinic

12:30 pm - 3:00 pm **Appointment Only** Please call Locala on 03003045076

Thursday

Baby Clinic 9:00 am – 5:00 pm Appointment Only Call Locala on 03003045076

Latch Clinic
To book an appointment call
Locala on 03003045076

Well Baby Drop In Clinic 9:30 am - 11:30 am

(Last entry 11:15am) Baby weighing, advice and support

Stay & Play

9:15 am - 10:45 am lust come along. no need to book (term time only)

Baby & Toddler Group

Open to children aged 0 - 5 years 9:30 am - 11:00 am (term time only)

Friends Group

(Punjabi language spoken) settling in creche Friday 13th September, 9:30 am-10:30 am, runs for 5 weeks 9:30 am - 11:30 am call 01422 252022 for more details

Saturday

Family Group

Alternate venues See flyer overleaf 2nd Saturday of every month. 10:00 am - 12 pm (0-8 years)

book

(ALTERNATIVE WEEKS)

Stav & Play

1:30 pm - 3:00 pm Just come along, no need to book

(term time only)



Baby Clinic

9:30 am - 3:00 pm

Appointment Only - call

Locala on 03003045076

Baby Group

1:30 pm - 3:00 pm

Just come along, no need to

book