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## WELCOME TO YOUR FAMILY HUBS NEWSLETTER!

***Introduction by Nicola Holdsworth and Andrea Briggs,  
Programme Manager/Family Hub Manager***

Merry Christmas and a Happy New Year to you!  
We hope this newsletter finds you well, warm and happy. It's getting close to Christmas now, with excited children and lots to do! Our newsletter is packed with activities and information for the Spring term so we hope you will take a few minutes to have a read through. (Intro continued on following page)





New year, new start? Check out our Family and Adult Learning programmes for inspiration. Do you see yourself as a Parent Champion? We are looking for parents who would like to volunteer, being part of shaping and delivering Family Hub services for their own community, making sure what is delivered is what families want.

We also have lots of fun activities for you and your little ones, both in our Family Hubs and at home, find out more in this newsletter.

A big thank you to all of you who took part in our recent annual consultation, your views are very important to us and once we have collated those results, we will share them with you.

Our digital offer to parents continues to grow. We now have parenting support and courses online so you can do these at a time to suit you – see page 3 onwards for more details or visit the Family Hub website for more information.

Don't forget our drop in, book in and telephone advice lines for times when you just need an answer to a question or don't know where to turn for help.

Be the first to know what is happening by following us on Facebook so you can keep up to date with our latest activities events and competitions. We also regularly offer advice about parenting issues and all things children, which may just help with family life.

If you need any help with childcare places or the new government funding for working parents, we are always here to help.

Keep well, stay safe and warm.  
Have a fabulous festive holiday and a Happy New Year!

**Nicki Holdsworth & Andrea Briggs**  
**Programme Manager/Family Hub Manager**  
**[nicola.holdsworth@nhpltd.org.uk](mailto:nicola.holdsworth@nhpltd.org.uk)**  
**[andrea.briggs@regen.org.uk](mailto:andrea.briggs@regen.org.uk)**

# FAMILY LEARNING TIMETABLE

## North Halifax, Lower Calder Valley, Calder & Ryburn



We have some exciting new courses and activities starting, as well as some old favourites! Please try and book on early, but always let us know if you are allocated a place and cannot attend. This ensures that we can offer the place to another family. We are also looking for new trainers who might be interested in delivering courses for our Family Hubs. If you are interested, please contact [Chloe.Machon@nhpltd.org.uk](mailto:Chloe.Machon@nhpltd.org.uk) (North Halifax Partnership) or [Andrea.Briggs@regen.org.uk](mailto:Andrea.Briggs@regen.org.uk) (Halifax Opportunities Trust) for more information.

### Upcoming Courses January to March 2025

**Preparing to work in Childcare:** A 12-week Level 1 community-based course covering various topics including the skills and knowledge of getting back into the workplace as well as childcare. Criteria: Annual income under £23,400, receipt of benefits, or unemployment. (Adults Only)

**Understanding Autism Course:** A Level 3 course designed for family members to enhance knowledge and skills in autism. Criteria: Annual income under £23,400, receipt of benefits, or unemployment. (Adults Only) This is part-funded by the UK Government through the UK Shared Prosperity Fund.

**Baby Massage:** A 4-week course promoting bonding, relaxation, sleep, and colic relief for parents and babies. (6 weeks to 6 months)

**Baby Sensory (0-6 months):** A 4-week class fostering bonding, early speech, language skills, and sensory development through creative play.

**Baby Sensory (6-15 months):** A 4-week class focusing on bonding, sensory exploration, and skill development.

**Baby Movers:** A 4-week class stimulating senses through singing, dance, and play. (Birth to wobbly walking)

**Mini Drama:** A 4-week session encouraging imaginative play with movement, role play, and song. (18 months to 3 years)

**Art & Creative Play:** A 4-week course for families to develop creativity and confidence through art and sensory activities. (6 months to preschool)

**Fitness for Mums:** A 4-week exercise and wellbeing class for post-natal mothers and children of any age.

**Ready Steady Nursery:** A 6-week program preparing children for nursery with focus on independence, attention, and language skills. (2 to 3 years)

**Slow Cooker Recipes Course:** Do you have a slow cooker? Then why not attend our 4-week slow cooker recipes course. Each session you'll be given a new recipe and ingredients to prep and take home to cook in your slow cooker. (Adult only)

**Family First Aid:** A 2-week course teaching basic first aid skills for home emergencies. Children may attend with parents.

# FAMILY LEARNING TIMETABLE

## North Halifax, Lower Calder Valley, Calder & Ryburn

North Halifax	Day	Start Date	Weeks	Course Time	Location
Ready, Steady, Nursery	Monday	20.01.25	6	9.15am – 10.30am	Ash Green Primary School
Preparing to work in Childcare Level 1	Thursday	23.01.25	10 (Term time only)	9.30am - 2.15pm	Ash Green Family Hub
Understanding Autism Level 3	Tuesday	14.01.25	12 (Term time only)	9.30am - 2.30pm	Innovations Family Hub
Baby Movers	Wednesday	22.01.25	4	1.00pm - 2.00pm	Kevin Pearce Family Hub Annexe
Slow cooker Course (Recipes only)	Thursday	23.01.25	4	11.00am - 12pm	Mixenden Activity Centre
Baby Massage	Thursday	27.02.25	4	1.00pm - 2.00pm	Forest Cottage Youth Hub
Fitness for Mums	Wednesday	05.03.25	8	10.00am - 11.00am	Mixenden Activity Centre
Art and Creative Play	Thursday	06.03.25	4	12.30pm - 1.30pm	Illingworth Family Hub
Baby Sensory	Friday	07.03.25	4	1.00pm - 2.00pm	Creations Family Hub
Lower Calder Valley	Day	Start Date	Weeks	Course Time	Location
Ready, Steady, Nursery	Friday	10.01.25	10	1.00pm-2.30pm	Wellholme Park Family Hub
Baby Massage	Friday	24.01.25	4	10.30am - 11.30am	Wellholme Park Family Hub
Family First Aid	Monday	03.02.25	2	10.00am - 11.30am	Northowram and Shelf Family Hub
Mini Drama	Tuesday	25.02.25	4	1.00pm - 2.00pm	St Matthews Parish Centre
Fitness for Mums	Monday	03.03.25	4	12.30pm - 1.30pm	Bailiff Bridge Community Centre
Family Baby Message	Saturday	08.03.25	5	10.00am -11.00am	Wellholme Park Family Hub
Calder & Ryburn	Day	Start Date	Weeks	Course Time	Location
Baby Movers	Wednesday	22.01.25	4	10.00am -11.00am	Elland Christian Centre
Art and Creative Play	Thursday	16.01.25	4	12.45 - 1.45pm	Southgate Methodist Church

Once you submit your online booking form, it will be processed. If allocated a place, you'll receive a confirmation email 10 days to 2 weeks before the course begins, followed by a reminder text. Please check your junk folder for these emails. Places are allocated based on our procedure, not on a first-come, first-served basis. Information is accurate at the time of publishing but may change.

**Book your place**



[northhalifaxpartnership.org/family-learning](http://northhalifaxpartnership.org/family-learning)



# FAMILY LEARNING TIMETABLE

## CENTRAL HALIFAX, UPPER VALLEY, CALDER & RYBURN



### Upcoming Courses January to March 2025

**Mini Adventure:** Story based session, with music and movement, craft and sensory tray included. Suitable from 3 months to preschool.

**Baby Yoga:** Helping support babies physical, mental and emotional development. Suitable from babies to pre-walking.

**Little Movers:** Fun activities to develop social and physical skills. Suitable for walking to preschool children.

**Mini Mess:** Music, movement, and sensory play. Suitable for children aged 0-5 years.

**Mini Boppers and Rockers:** Music and movement with instruments, puppets, and games. Suitable for children aged 3 months-5 years.

Central Halifax	Day	Start Date	Weeks	Course Time	Location
Mini Boppers & Rockers	Thursday	30.1.2025	3	1pm - 2pm	Jubilee Family Hub
Mini Mess	Thursday	13.3.2025	3	1pm - 2pm	Jubilee Family Hub
Little Movers	Thursday	28.01.2025	3	10.30am - 11.30am	Little Stars Family Hub
Mini Adventure	Thursday	13.03.2025	3	10.30am - 11.30am	Little Stars Family Hub
Little Movers	Tuesday	28.01.2025	3	10am - 11am	Booth Town Family Hub
Baby Movers	Tuesday	11.03.2025	3	10am - 11am	Booth Town Family Hub
Mini Mess	Friday	31.01.2025	3	10am - 11am	Siddal Family Hub
Baby Yoga	Friday	07.03.2025	4	10am - 11am	Siddal Family Hub
Upper Valley	Day	Start Date	Weeks	Course Time	Location
Mini Adventure	Thursday	30.01.2025	3	10am - 11am	Tod College Hall
Calder & Ryburn	Day	Start Date	Weeks	Course Time	Location
Baby Yoga	Wednesday	22.01.2025	4	10am - 11am	St Pauls Church Sowerby Bridge
Little Movers	Wednesday	12.03.2025	3	10am - 11am	St Pauls Church Sowerby Bridge

**Book your place:**



# NEWS & EVENTS



## WEEKLY WELL BABY DROP-IN CLINIC

Every Thursday 9.30am-11.30am at Jubilee Family Hub

Lightowler Road, Halifax, West Yorkshire, HX1 5NB

Drop in for baby weighing, advice and support

(Last entry at 11.15am)

Call 01422 342552 for more information.

## WEEKLY YOUTH GROUP

Every Wednesday – 4:00pm-6:00pm term time only at Little Stars Family Hub,

Parkinson Lane, Halifax, HX1 3XL

For ages 7 to 11.

Contact [Farzana.Kousar@regen.org.uk](mailto:Farzana.Kousar@regen.org.uk) or call 01422 252022 for more information.



## Nursery Places

We kindly request that all families interested in securing a place at one of our nurseries contact their preferred location and complete the enquiry form to be added to the waiting list as soon as possible. Please note, each nursery has a limited number of available spaces, so we encourage you not to wait until the last minute to apply.

## PRIMARY SCHOOL PLACES (STARTING RECEPTION CLASS)

Your child will be eligible for a primary school place from September 2025 if they were born between:

1st September 2020 and 31st August 2021.

You will be able to make your application from 18th November 2024 until the close date of 15th January 2025.

Please note: Offers of Primary School places for September 2025 will be made on 16th April 2025.

For more information contact:

[cyps.admissions@calderdale.gov.uk](mailto:cyps.admissions@calderdale.gov.uk)



# NORTH HALIFAX PARTNERSHIP'S ANNUAL CELEBRATION

North Halifax Partnership (NHP), who operate the Family Hubs alongside Halifax Opportunities Trust, recently held the Annual Celebration event on Wednesday, 20th November 2024. NHP have been creating a better future for all generations for 25 years and this marked the end of the year-long celebrations. Whilst the outside was cold and snowy, the inside of Halifax Rugby Club was warm and welcoming to staff and guests.

The event began with an uplifting welcoming speech from David Evers, Chair of the Board, praising the staff and volunteers of NHP for all their dedication and hard work.

Tina Wilkes, Chief Executive Officer, followed David, and introduced the Snap Shot video, which highlighted the amazing achievements of the year 2023 to 2024, including the Community Foundation for Calderdale Great and Green award!



Then began the three inspiring speeches by some of the Senior Leadership Team. Baseer Mir, Senior Family Support Manager, took to the floor to share the reality of being a part of the Family Support Team, followed by Nicola Holdsworth, Children and Families Programme Manager, who recalled the impressive transition from Children's Centres to Family Hubs. Leanne Hartney read out a beautiful review given by a parent of a nursery goer, causing a few tears to be shed. Rachel Orton, Community Programmes Manager, finished the updates describing the hard work of the Communities and Neighbourhood Team.

The night ended with thanks and an award for Emma Wardman for all her time given as a Trustee.

It was wonderful to see so many people at the event celebrating the amazing work of North Halifax Partnership. Visit the North Halifax Partnership website for more information on the services provided: [northhalifaxpartnership.org](http://northhalifaxpartnership.org)





# We Are Parents

Support for parents with preterm babies

## FREE Online courses for parents in Calderdale

Each course is tailored to children's developmental stages, for you to learn in your own time.

**Understanding your preterm or sick baby in hospital:** Developing a close and connected relationship with your baby when you may be feeling overwhelmed.

**Understanding your preterm or sick baby now you're home:** Developing a close and connected relationship with your baby as you adjust to a new environment at home.

Many more courses are also available. Visit [inourplace.co.uk/courses](https://inourplace.co.uk/courses) to view all courses. Apply access code TKPARENTS to get started.

For all parenting support enquires contact:  
[Parenting.Support@calderdale.gov.uk](mailto:Parenting.Support@calderdale.gov.uk)



Scan  
me





## FOOD ADDITIVES - CAN THEY AFFECT YOUR CHILD'S HEALTH?

*(Information correct at time of publishing)*

Food additives are chemicals added to foods to keep them fresh or to enhance their colour, flavour or texture. Research has found a possible link between certain artificial colours used in food and problems with hyperactivity in children.

If your child is overactive and struggles to concentrate, it might help to cut down on these colours in their diet. All food additives, including artificial colours have an E number, which means they've passed safety tests and are approved for use in the EU.

According to research funded by the Food Standards Agency, the 6 food colours most closely linked to hyperactivity in children are:

- E102 (tartrazine)
- E104 (quinoline yellow)
- E110 (sunset yellow FCF)
- E122 (carmoisine)
- E124 (ponceau 4R)
- E129 (allura red).

These colours are used in several foods, including soft drinks, sweets, cakes and ice cream.

**Ingredients:** Water, apple juice from concentrate (12%), humectant (glycerol), acid (citric acid), natural raspberry & apple flavourings, sweeteners (sucralose, acesulfame K), stabiliser (E466), thickener (locust bean gum), preservative (potassium sorbate), colour (E133).

**Warning:** Contains glycerol. Not recommended for children 4 years of age and under.

**Dietary Information:** Suitable for vegetarians, vegans, coeliacs. Kosher.



## Read the Label!

Slush ice drinks, or 'slushies', can contain the ingredient glycerol, a substitute for sugar, at a level required to create the 'slush' effect. At this level, it is recommended that children four years of age and under should not consume these drinks.

To prevent young children being exposed to excessive amounts of glycerol, it is advised that slush ice drinks should not be sold to children four years of age and under and free refill promotions should not be offered to under-10s.

### **What are the symptoms of glycerol intoxication?**

At very high levels of exposure – typically when several of these products are drunk by a child in a short space of time – glycerol intoxication could cause shock, hypoglycaemia (low blood sugar) and loss of consciousness.

For more info on how to eat well,  
visit the Better Health website:  
[www.nhs.uk/better-health](http://www.nhs.uk/better-health)







## ARE YOUR CHILDREN HAVING TOO MUCH SCREEN TIME?

A simple way to set screen time limits for children.

- At the beginning of the week issue your screen time tokens
- Involve your child in deciding which days will be 'screen free'
- Use a timer so your child knows when their time is up.

Advice from the National Institute for Health and Care Excellence (NICE) suggests that children should have screen free days or have limits on the time spent in front of screens.

**The World Health Organisation recommends no screen time for babies under two and no more than one hour a day for those aged two to four. In the UK, children between the ages of three and four now spend an average of 29 hours in front of screens per week, including playing games, watching TV and participating in other online activities.**

**Increasing the time children spend outside playing was found to reduce the negative effects of screen time. #50 things to do before you're five.**





# STAYING SAFE USING QR CODES

Our content often features a QR code as it is a fast and effective way to access our services, website and booking systems.

Here are some things to follow to keep safe whilst using QR codes:

Check to see if any QR codes have been tampered with (e.g. stickers put over the top)

Scan the QR code using your camera, not using an app

Avoid QR codes in emails

Preview a web page before you load it



# MEET OUR TEAM

## MEET KAUSAR SHAHID, COMMUNITY ADVANCEMENT MANAGER FOR UPPER CALDER VALLEY AND CENTRAL HALIFAX FAMILY HUBS



Hi my name is Kausar Shahid and I have been working for Halifax Opportunities Trust for 22 years. I have had different responsibilities within my role and changed according to the needs of the communities also to meet the targets. I started as a Family Support Worker, was promoted to Community Development, and managed Family Support, outreach workers, and volunteers. I also organised training and events for the local communities.”

I supported parents and carers to get some experience through volunteering enabling them to gain employment or go for further training. At present I recruit and manage Parent Champion volunteers, and organise adult learning and events for Upper and Central Family Hub communities.

I have a vast understanding of different communities, being aware of different cultures and their needs and issues which helps me to help them by organising appropriate services. It is important to value the communities by offering them services according to their cultural needs.

The best thing is being able to offer support to those who really want to make a difference to their lives, plus supporting vulnerable and new people in the community. When I receive positive feedback from service users that my support has improved their circumstance, I feel satisfied that I have achieved something, and made a difference in someone's life.



## MEET LAURA KUSZYK-PARKER, PARENT CHAMPION COORDINATOR FOR NORTH HALIFAX AND LOWER CALDER VALLEY FAMILY HUBS

Hi, my name is Laura Kuszyk-Parker, the new Parent Champion Co-ordinator for North Halifax Partnership! I'm still fairly new, as I've only been working at NHP for just over six weeks!

My job as Parent Champion Co-ordinator involves going out and about in the community, attending lots of groups aimed at parents and families, meeting new people and making connections around the local area.

It's really important to promote what North Halifax Partnership and the Family Hubs offer and to help support parents and families around the North Halifax and Lower Calder Valley areas of Halifax. We're hoping to get parents onboard; to volunteer for us, to support other parents, and to have more of a say in the way services are designed and run.

My favourite thing about the Parent Champion Co-ordinator role is being active in the community, getting to know lots of new people, groups and services, and learning more about the areas North Halifax Partnership work in.

You can access the service (and hopefully volunteer with us!) by contacting your local Family Hub. There are leaflets and information at all the Family Hubs. You can also contact me directly on 07852174047. Give me a call to find out a bit more about what it means to be a Parent Champion!





# ACTIVITIES TO TRY AT HOME



## BOOK RECOMENDATION: STICK MAN

Stick Man lives with his Stick Lady Love and their three small sticks, and he is a very lucky stick. However, one day he goes for a jog and finds himself entangled in a series of dangerous events. He becomes a dog toy, a pooh stick, nesting material, and even firewood.

*“An irresistibly jaunty picture book, spiced with the danger familiar to all those who love The Gruffalo. Julia Donaldson’s rhyming text brings the tale to a satisfying conclusion.” The Guardian*

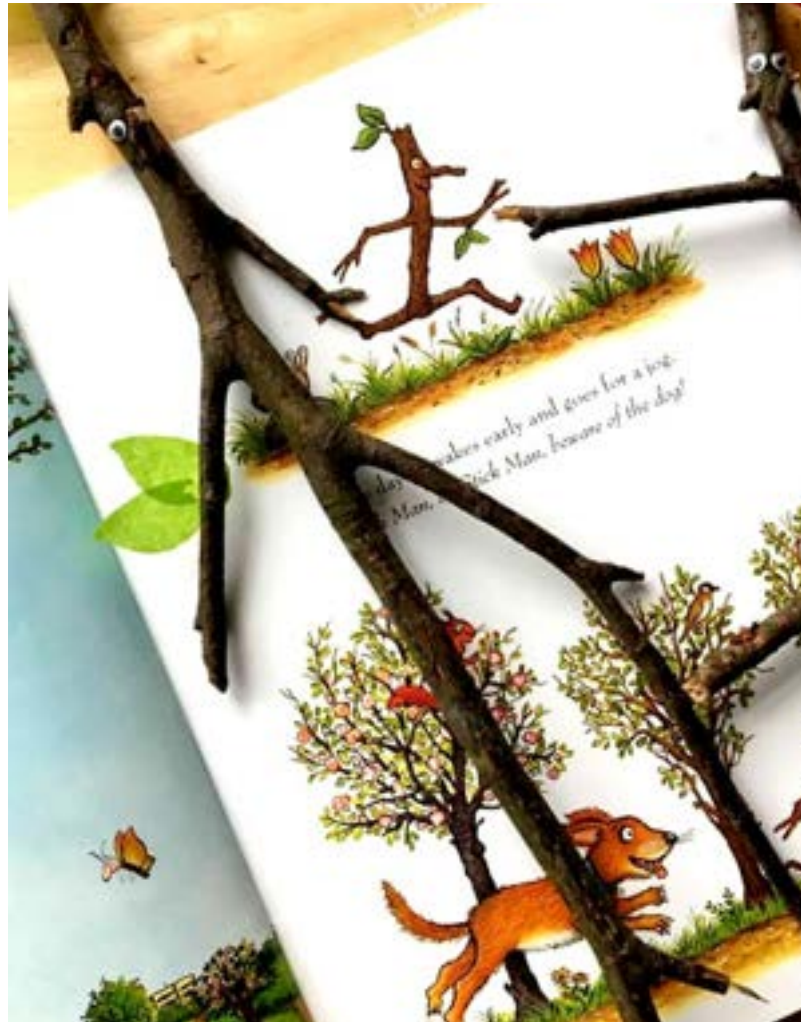
### Book Activities:

Go outside and collect twigs, leaves, sticks, pinecones or whatever you can find.

Create your own stick man – or stick family. You could also make some playdough and let your children create their own stick man using the resources you have collected.

Set up a tray with puppets, props, sticks, and let children act and tell the story.

Remember the end result is not important, you will be surprised how creative your children will be. This type of play is has no limits and who knows what they will make, build or where their imaginations will take them.





## INGREDIENTS

- 500g sweet potatoes peeled and cut into chunks
- 300g carrots peeled and cut into chunks
- 33 tbsp olive oil
- 2 onions finely chopped
- 2 garlic cloves crushed
- 1L vegetable stock
- 100ml crème fraîche plus extra to serve

Share your photos and tag us on social media!



## Roasted sweet potato & carrot soup

### Step 1

Heat oven to 220C/200C fan/ gas 7 and put 500g chunked sweet potatoes and 300g chunked carrots into a large roasting tin, drizzled with 2 tbsp olive oil and plenty of seasoning.

### Step 2

Roast the vegetables in the oven for 25-30 mins or until caramelised and tender.

### Step 3

Meanwhile, put the remaining 1 tbsp olive oil in a large deep saucepan and fry 2 finely chopped onions over a medium-low heat for about 10 mins until softened.

### Step 4

Add 2 crushed garlic cloves and stir for 1 min before adding 1l vegetable stock. Simmer for 5-10 mins until the onions are very soft, then set aside

### Step 5

Once the roasted vegetables are done, leave to cool a little, then transfer to the saucepan and use a hand blender to process until smooth. Stir in 100ml crème fraîche, a little more seasoning and reheat until hot.

### Step 6

Once the roasted vegetables are done, leave to cool a little, then transfer to the saucepan and use a hand blender to process until smooth. Stir in 100ml crème fraîche, a little more seasoning and reheat until hot.

# 50 THINGS TO DO BEFORE YOU'RE FIVE WINTER EDITION



50 things to do before you're five™

#12

## BRRR

Snow, ice and cold weather are experiences that children can find really exciting; they need to discover our world using all their senses to properly understand it, and snow is a great opportunity for play! Wrap up warm and keep moving- they'll have a wonderful time!



50 things to do before you're five™

## #34 WOODLAND WANDERING

Visit your local wood. Collect acorns, conkers, sticks, spot mushrooms and toadstools. Stand still. Listen. Look. What can you see? What can you hear? What's that over there? Did something move? Explore and discover exciting nature, wildlife and adventure in lovely, local woodland areas.

# USEFUL INFORMATION

## MONEY SAVING TIPS

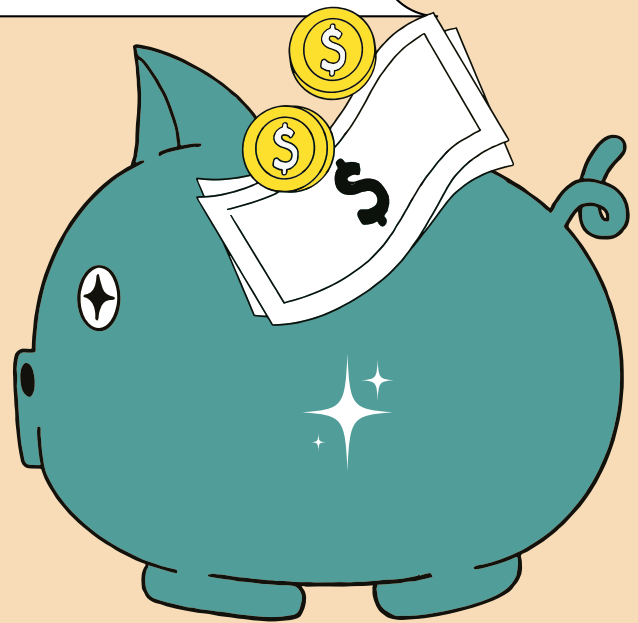
Christmas or not, it's always good to have a money saving tip or two in your back pocket!  
Here are some ideas from people in Calderdale on how to be thriftier...

**“Cook stews, curries and meat in a slow cooker. It uses a really small amount of energy, and the food tastes amazing!”**

**“Keep snugly blankets on the sofa, so you're more likely to wrap up than turn the heating up.”**

**“Bleed your radiators, and make sure the heat from them isn't blocked by furniture.”**

**“Batch cook meals, it saves you loads of time, energy and money, especially if it helps you to not be tempted by a takeaway!”**



# WASTE-LESS GIFT GIVING



## CHARITY

Charity shops are full of amazing unique finds at cheap prices. They help you save money, preserve resources and your money goes to a good cause - it's win win!



## PLANTS

Whether it's an interesting house plant, a fruit bush or a tree, plants are a wonderful way to give a **greener** gift.



## ACTS OF SERVICE

Ever wish someone would help with the cleaning, decorating, those 'pending' jobs that are annoying you? Why not offer to gift your time and help someone?



## HOMEBAKED

Homebaked foods are the best. They say the way to someone's heart is through the stomach!





# FOOD BANKS & SOCIAL SUPERMARKETS

## Central Halifax

### **Halifax Community Fridge, at Jamia Madni Mosque**

A place where people or businesses can leave surplus food and others can pick it up for free. Open to all areas.

Open: Daily from 11am to 12.30pm.

Contact:

- Address: Jamia Madni Mosque 117 - 131 Gibbet Street, Halifax. HX1 5LE.
- Mobile: 07790 758618.

### **Emergency Infant Formula**

Open: Between 10am and 4pm on Tuesdays, Wednesdays and Thursdays.

Contact:

- Address: Customer First Halifax, 19 Horton Street, Calderdale, HX1 1QE
- Phone: (01422) 288005.

### **Happy Days Community Supermarket Halifax**

You must be a member to use the supermarket, but it is free to join. You also need to be referred by one of Happy Days' support workers.

- Members can visit the supermarket once a week.
- Pay £6 per visit and can choose up to 15 items.
- Toiletries, up to 3 items can be chosen as part of the weekly shop.

All members can open a Credit Union account, where you get:

- £1 credit every time you shop.

Open: Wednesday to Saturday from 10am to 3pm.

Contact

- Address: Gathering Place, 1 St James Road, Halifax. HX1 1YS.
- Phone: (01422) 381316.

### **Outback Community Food Pantry**

A membership based community food pantry. There is a £1 annual membership fee and members pay £4 per visit and can choose up to 10 items. Payment is cash only and membership is by household.

- Open: Tuesdays from 1pm – 4pm.
- Address: The Outback Kitchen, Lightowler Road, Halifax. HX1 5NB.
- Phone: (01422) 342552.

### **CTC The Gathering Place**

Address: The Gathering Place, 1 St James Rd, Halifax HX1 1YS

Phone: 01422 647390 (please ring to check hours)

### **Happy Days- Smart move**

- Open Wednesday to Saturday 10am to 3pm
- Address: 1, St James Road, Halifax, West Yorkshire, HX1 1YS.
- Phone: 01422 381316

# FOOD BANKS & SOCIAL SUPERMARKETS

## Lower Calder Valley

### **Brighouse Central Food Bank**

Open:

- Fridays from 1pm to 3pm.

Contact:

- Phone: 07467 729067
- Email: [foodbank@brighthousecmc.org](mailto:foodbank@brighthousecmc.org)
- Address: Commercial Street, Brighouse. HD6 1AQ.

### **Elland and District Food Bank**

Open:

- Saturdays from 10.15am to 11.45am.

Contact:

- Phone: 07440 682614
- Email: [edfbcio23@gmail.com](mailto:edfbcio23@gmail.com)
- Address: Southgate Methodist Church, Langdale St, Elland. HX5 0JL.

### **The Salvation Army (Brighouse)**

Open:

- Wednesdays from 9.30am to 12 noon for referrals only. Food parcels are available once per month only.

Contact:

- Phone: (01484) 401175
- Address: 33 King St, Brighouse. HD6 1NX.

### **Building Bridges Food Hub Brighouse**

Social supermarket, which covers Brighouse (HD6) and Lightcliffe (HX3).

- Members pay a one off registration fee of £4 then order online once each week and pay £3 for a basket of up to 20 items.
- Families can order two baskets per week.

Orders must be made by 11pm on Thursdays. Collect on Saturdays between 11.30am and 12 noon.

Contact:

- Address: 16 Market Street, Brighouse, HD6 1AP.
- Phone: 07951 893546.
- Email: [enquiry@buildingbridgesfoodhub.co.uk](mailto:enquiry@buildingbridgesfoodhub.co.uk).

### **Focus4Hope Food Club**

Social supermarket, which covers Brighouse and surrounding areas.

Member benefits:

- £10 per shop for 18 items.
- Shop for yourself and pick your own food (no delivery available).
- Register on the website for a specific time slot every Friday.

Contact:

- Address: 10A Huddersfield Road, Brighouse HD6 1JZ (entrance within Bethel Street car park).
- Phone: 01484 443979.
- Email: [focus4hope@gmail.com](mailto:focus4hope@gmail.com)

# FOOD BANKS & SOCIAL SUPERMARKETS

## North Halifax

### Noah's Ark Centre

If you need support and advice, please get in touch with the Noah's Ark Centre:

Address: 322-326 Ovenden Road, Ovenden, Halifax. HX3 5TJ.

Email: [office@noahsarkcentre.org.uk](mailto:office@noahsarkcentre.org.uk).

Phone: 01422 364664.

Opening times: Monday-Friday 8am-8pm

Christmas shutdown: 20.12.24-02.01.25

### Holy Nativity Church, Mixenden

For people living in the local area. Emergency food parcels and community drop-in. Warm space with hot drink, toast and a chat.

Open: Mondays from 1-4pm

Phone: 01422 353929.

Email: [website@holynativity.co.uk](mailto:website@holynativity.co.uk)

Address: The Church of the Holy Nativity, Mixenden, Halifax, HX2 8RX

**For more information visit the Family Hubs website:**



**[calderdalefamilyhubs.org.uk/local-services/cost-of-living-support](https://calderdalefamilyhubs.org.uk/local-services/cost-of-living-support)**





# STAY CONNECTED



North Halifax Partnership operate the hubs in North Halifax, Lower Valley and Calder and Ryburn.

 [northhalifaxpartnership.org](http://northhalifaxpartnership.org)

 North Halifax Partnership

 NhxPartnership



Halifax Opportunities Trust operate the hubs in Central Halifax, Upper Valley and Calder and Ryburn.

 [www.halifaxopportunitiestrust.org.uk](http://www.halifaxopportunitiestrust.org.uk)

 Halifax Opportunities Trust

 HalifaxOppTrust



**Family Hubs**  
Calderdale

 [calderdalefamilyhubs.org.uk](http://calderdalefamilyhubs.org.uk)

 Family Hubs Calderdale

You can also follow our individual Hubs on Facebook by searching for us..

# CONTACT US

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